



Campus Cops Corner

-Public Safety Tips for the PPCC Community-

Important Numbers & websites:

- 24-7 Emergency Number: 502-2911
- Emergency Alert Sign Up: www.ppcc.edu/alert

Public Safety Bi-Weekly Newsletter

This weekend, we began hearing disturbing news about an outbreak of the “swine flu.” The proverbial “ground zero” appears to be Mexico City, but as of this writing, it has spread to New York, Ohio, California, Texas and Kansas. There have also been cases in Canada, Nova Scotia and New Zealand. While Mexico has identified over 1600 people as being infected and over 100 dead, the number of ill in the United States is 40, but our infections have been mild with no deaths. The average American illness has lasted 5-7 days. The head of the CDC says we can expect things to get worse. What should you do?

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Personal Swine Flu Precautions

Healthcare workers and the Center for Disease Control offer the following suggestions:

There are everyday actions people can take to stay healthy.

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective. Use disinfectant spray or wipes on high contact items such as door knobs, etc.
- Avoid touching your eyes, nose or mouth. Germs spread that way.

Try to avoid close contact with sick people.

- Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.
- If you get sick, CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.
- Masks may be recommended for health care workers and those in close contact with already infected people, but there is no need for the general public to wear masks.

