



# TAKE A COFFEE BREAK

*Improve your emergency preparedness  
in fewer than five minutes*

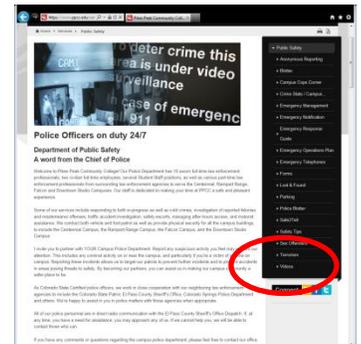


Presented by the PPCC Department of Public Safety

## Want to Be Better Prepared for Emergencies? Watch a Video!

Preparing to handle emergency situations doesn't have to be time-consuming or expensive. Taking hands-on classes on subjects like First Aid or CPR is always the best way to learn important information and build skills you can use in a crisis. But you can also become familiar with basic emergency procedures simply by watching short videos posted online at the PPCC Department of Public Safety web page.

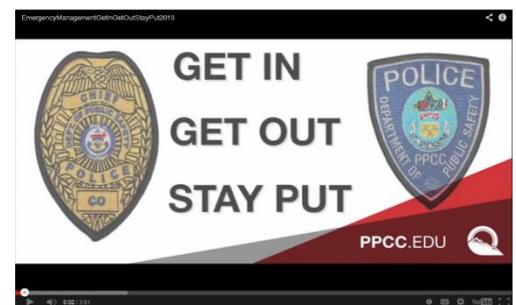
Go to [www.ppcc.edu](http://www.ppcc.edu) and click on the Department of Public Safety button on the right side of the home page. Then click on the Videos link at the bottom of the right-hand menu of the DPS page.



Here are some of the videos you will find:

### Get In, Get Out, Stay Put: Basic Emergency Procedures at PPCC

This video, which is just under four minutes long, provides a quick overview of basic emergency procedures here at PPCC. We encourage faculty to share this video with students at the beginning of each semester so that everyone know what to do should an emergency happen on or near any PPCC campus.



## Run Hide Fight: Surviving an Active Shooter Event



Statistically, active shooter events occur less often than other types of emergencies such as natural disasters, but they can be catastrophic when they do happen. This video, created by the Houston Police Department under a federal grant, explains what to do if you are confronted with an active shooter situation.

## Fire Extinguisher Training

We pass by these basic safety tools all the time, but do you know how to use a fire extinguisher – and when you should? This quick two-minute video explains basic safety tips and fire extinguisher operation.



## Automated External Defibrillator (AED) Overview



Automated External Defibrillators (AEDs) are used when a person is in cardiac arrest – that is, when the heart stops beating and the person is not breathing. AEDs can be used by anyone because the devices give audible step-by-step instructions.

While not intended to be a substitute for hands-on training in cardiopulmonary resuscitation (CPR) and AED use this video does provide an overview of how to use an AED should the need arise.

## Evacuation Chair Overview

PPCC maintains three evacuation chairs to assist people with disabilities or mobility impairments in evacuation from the top floors at the Centennial Campus. This video explains their features and deployment.



Questions? Call PPCC Public Safety at 502-2900